

2011-2012 Time Standards – Cut Times

Maine Swimming, Inc. Combined Championships – Yards

Women's Events	10 & U	11-12	13-14	Senior
50 Free	35.99	31.89	29.79	27.99
100 Free	1:21.59	1:09.99	1:04.79	1:00.79
200 Free	3:09.29	2:37.39	2:24.99	2:15.79
500 Free	8:30.49	7:10.79	6:51.79	6:16.29
1000 Free	-----	-----	14:08.89	13:55.19
1650 Free	-----	-----	23:34.19	23:18.79
50 Back	43.49	38.19	-----	-----
100 Back	1:39.89	1:21.09	1:17.09	1:12.09
200 Back	-----	3:01.89	2:51.79	2:41.89
50 Breast	47.79	42.59	-----	-----
100 Breast	1:46.69	1:32.89	1:24.09	1:21.99
200 Breast	-----	3:26.39	3:14.59	3:09.99
50 Fly	42.99	36.49	-----	-----
100 Fly	1:57.49	1:27.19	1:19.09	1:09.09
200 Fly	-----	3:04.99	2:53.39	2:48.59
100 I.M.	1:33.79	1:20.09	-----	-----
200 I.M.	3:30.09	3:00.79	2:42.99	2:33.19
400 I.M.	-----	6:32.19	6:10.79	6:01.49

Men's Events	10 & U	11-12	13-14	Senior
50 Free	38.89	32.19	29.59	25.29
100 Free	1:29.19	1:13.09	1:04.89	55.19
200 Free	3:09.89	2:38.89	2:26.09	2:05.09
500 Free	8:25.79	7:05.49	6:31.09	5:51.29
1000 Free	-----	-----	13:32.49	13:04.19
1650 Free	-----	-----	22:28.29	21:55.89
50 Back	46.49	37.99	-----	-----
100 Back	1:42.89	1:22.49	1:14.89	1:03.69
200 Back	-----	2:58.39	2:41.29	2:23.39
50 Breast	53.59	44.29	-----	-----
100 Breast	1:55.69	1:35.09	1:24.09	1:11.79
200 Breast	-----	3:21.69	3:02.39	2:48.89
50 Fly	47.29	38.19	-----	-----
100 Fly	1:55.19	1:25.79	1:13.29	1:02.59
200 Fly	-----	3:01.19	2:43.69	2:35.59
100 I.M.	1:41.29	1:23.69	-----	-----
200 I.M.	3:40.89	3:03.09	2:43.69	2:20.79
400 I.M.	-----	6:23.69	5:50.59	5:23.79

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Maine Swimming, Inc. Combined Championships – SCM

Women's Events	10 & U	11-12	13-14	Senior
50 Free	39.95	35.40	33.07	31.07
100 Free	1:30.56	1:17.69	1:11.92	1:07.48
200 Free	3:30.11	2:54.70	2:40.94	2:30.73
400 Free	7:29.88	6:20.14	6:03.52	5:32.45
800 Free	-----	-----	12:29.18	12:17.19
1500 Free	-----	-----	23:47.48	23:31.98
50 Back	48.27	42.39	-----	-----
100 Back	1:50.88	1:30.01	1:25.57	1:20.02
200 Back	-----	3:21.90	3:10.69	2:59.70
50 Breast	53.05	47.27	-----	-----
100 Breast	1:58.43	1:43.11	1:33.34	1:31.01
200 Breast	-----	3:49.09	3:35.99	3:30.89
50 Fly	47.72	40.50	-----	-----
100 Fly	2:10.41	1:36.78	1:27.79	1:16.69
200 Fly	-----	3:25.34	3:12.46	3:07.13
100 I.M.	1:44.11	1:28.90	-----	-----
200 I.M.	3:53.20	3:24.01	3:00.92	2:50.04
400 I.M.	-----	7:15.33	6:51.58	6:41.25

Men's Events	10 & U	11-12	13-14	Senior
50 Free	43.17	35.73	32.84	28.07
100 Free	1:39.00	1:21.13	1:12.03	1:01.26
200 Free	3:30.78	2:56.37	2:42.16	2:18.85
400 Free	7:25.77	6:15.50	5:45.40	5:10.58
800 Free	-----	-----	11:57.33	11:32.57
1500 Free	-----	-----	22:41.18	22:08.59
50 Back	51.60	42.17	-----	-----
100 Back	1:54.21	1:31.56	1:23.13	1:10.70
200 Back	-----	3:18.01	2:59.03	2:39.16
50 Breast	59.48	49.16	-----	-----
100 Breast	2:08.42	1:45.55	1:33.34	1:19.69
200 Breast	-----	3:43.88	3:22.45	3:07.47
50 Fly	52.49	42.39	-----	-----
100 Fly	2:07.86	1:35.23	1:21.35	1:09.47
200 Fly	-----	3:21.12	3:01.70	2:52.70
100 I.M.	1:52.43	1:32.90	-----	-----
200 I.M.	4:05.19	3:23.23	3:01.70	2:36.28
400 I.M.	-----	7:05.90	6:29.15	5:59.41

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Maine Swimming, Inc. Combined Championships – LCM

Women's Events	10 & U	11-12	13-14	Senior
50 Free	40.75	36.20	33.87	31.87
100 Free	1:32.16	1:19.29	1:15.18	1:09.08
200 Free	3:33.31	2:57.90	2:44.14	2:33.93
400 Free	7:36.28	6:26.54	6:09.92	5:38.85
800 Free	-----	-----	12:41.98	12:29.99
1500 Free	-----	-----	24:11.48	23:55.98
50 Back	48.87	42.99	-----	-----
100 Back	1:52.08	1:31.21	1:29.88	1:21.22
200 Back	-----	3:24.30	3:13.09	3:02.10
50 Breast	54.05	48.27	-----	-----
100 Breast	2:00.43	1:45.11	1:35.34	1:33.01
200 Breast	-----	3:53.09	3:39.99	3:34.89
50 Fly	48.42	41.20	-----	-----
100 Fly	2:11.81	1:38.18	1:29.19	1:18.09
200 Fly	-----	3:28.14	3:15.26	3:09.93
100 I.M.	-----	-----	-----	-----
200 I.M.	3:56.40	3:27.21	3:04.12	2:53.24
400 I.M.	-----	7:21.73	6:57.98	6:47.65

Men's Events	10 & U	11-12	13-14	Senior
50 Free	43.97	36.53	33.64	28.87
100 Free	1:40.60	1:22.73	1:13.63	1:02.86
200 Free	3:33.98	2:59.57	2:45.36	2:22.05
400 Free	7:32.17	6:21.90	5:51.80	5:16.98
800 Free	-----	-----	12:10.13	11:45.37
1500 Free	-----	-----	23:05.18	22:32.59
50 Back	52.20	42.77	-----	-----
100 Back	1:55.41	1:32.76	1:24.33	1:11.90
200 Back	-----	3:20.41	3:01.43	2:41.56
50 Breast	1:00.48	50.16	-----	-----
100 Breast	2:10.42	1:47.55	1:35.34	1:21.69
200 Breast	-----	3:47.88	3:26.45	3:11.47
50 Fly	53.19	43.09	-----	-----
100 Fly	2:09.26	1:36.63	1:22.75	1:10.87
200 Fly	-----	3:23.92	3:04.50	2:55.50
100 I.M.	-----	-----	-----	-----
200 I.M.	4:08.39	3:26.43	3:04.90	2:39.48
400 I.M.	-----	7:12.30	6:35.55	6:05.81