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**RECORDS Maine LC Meters**
**LC Meters-Women**

8 & U	50 Free	36.14	<b>24-May-96</b>	CMA	Emily Caras - Springfield	
	100 Free	1:18.01	<b>24-May-96</b>	CMA	Emily Caras - Springfield	
	50 Back	48.54	<b>1-Jul-95</b>	CMA	Jill Horan - Manchester LCM Summer Invitational	
	50 Breast	50.50	<b>28-Jul-06</b>	TCST	Olivia Paione - MSI Summer Champs	
	50 Fly	48.72	<b>1-Jul-95</b>	CMA	Emily Caras - Manchester LCM Summer Invitational	
	200 IM	3:21.89	<b>24-May-96</b>	CMA	Emily Caras - Springfield	
	200 Free Relay	55:55.55	<b>24-Jul-03</b>			
	200 Medley Relay	55:55.55	<b>25-Jul-03</b>			
10 & U	50 Free	30.80	<b>25-May-98</b>	CMA	Emily Caras - Springfield	
	100 Free	1:07.77	<b>25-May-98</b>	CMA	Emily Caras - Springfield	
	200 Free	2:32.69	<b>25-May-98</b>	CMA	Emily Caras - Springfield	
	400 Free	5:35.36	<b>6-Aug-03</b>	CMA	Laura Flewelling - Zones, Pittsburgh	
	50 Back	38.07	<b>7-Aug-96</b>		Angelica Roy - Zones, Pittsburgh	
	100 Back	1:23.08	<b>11-Aug-04</b>	HSC	Mariah Reading - Zones, Buffalo	
	50 Breast	41.25	<b>10-Aug-94</b>	CMA	Whitney Rockwell - Zones, Pittsburgh	
	100 Breast	1:31.56	<b>10-Aug-94</b>	CMA	Whitney Rockwell - Zones, Pittsburgh	
	50 Fly	34.39	<b>25-May-98</b>	CMA	Emily Caras - Springfield	
	100 Fly	1:12.18	<b>25-May-98</b>	CMA	Emily Caras - Springfield	
	200 IM	2:49.45	<b>25-May-98</b>	CMA	Emily Caras - Springfield	
	200 Free Relay	2:34.84	<b>27-Jul-07</b>	LRSC	L. Russell, E. Burrill, L. Soucek, E. Soucek	
	400 Free Relay	5:49.33	<b>26-Jul-07</b>	LRSC	L. Soucek, L. Russell E. Burrill, E. Soucek	
	200 Medley Relay	2:57.50	<b>28-Jul-07</b>	LRSC	E. Soucek, E. Burrill, L. Soucek, L. Russell	
11-12	50 Free	29.36	<b>26-May-00</b>	CMA	Emily Caras - PVAC	
	100 Free	1:02.36	<b>26-May-00</b>	CMA	Emily Caras - PVAC	
	200 Free	2:13.75	<b>26-May-00</b>	CMA	Emily Caras - PVAC	
	400 Free	4:38.02	<b>26-May-00</b>	CMA	Emily Caras - PVAC	
	800 Free	11:40.16	<b>17-May-02</b>	CMA	Alison Harmon - Invitation Internationale, Montreal	
	1500 Free	18:46.41	<b>25-Jun-99</b>	CMA	Emily Caras - Poland Spring LC AA Invitational	
	50 Back	33.30	<b>14-Aug-92</b>	PPSC	Jamie Cail - Zones, NJ	
	100 Back	1:10.42	<b>13-Aug-92</b>	PPSC	Jamie Cail - Zones, NJ	
	200 Back	2:41.21	<b>29-Jul-05</b>	LRSC	Petra Janney - MSI Summer Champs	
	50 Breast	37.12	<b>7-Aug-96</b>	CMA	Whitney Rockwell - Zones, Pittsburgh	
	100 Breast	1:21.75	<b>7-Aug-96</b>	CMA	Whitney Rockwell - Zones, Pittsburgh	
	200 Breast	2:57.41	<b>9-Aug-06</b>	BGRY	Mariah Reading - Zones, Buffalo	
	50 Fly	31.03	<b>11-Aug-99</b>	CMA	Emily Caras - Zones, Pittsburgh	
	100 Fly	1:07.84	<b>26-May-00</b>	CMA	Emily Caras - PVAC	
	200 Fly	2:35.03	<b>25-Jun-99</b>	CMA	Emily Caras - Poland Spring LC AA Invitational	
	200 IM	2:33.99	<b>26-May-00</b>	CMA	Emily Caras - PVAC	
	400 IM	5:19.15	<b>26-May-00</b>	CMA	Emily Caras - PVAC	
	200 Free Relay	2:14.17	<b>28-Jul-06</b>	CMA	G. Cloutier, M. Kraft, A. Reynolds, H. Kraft	
	400 Free Relay	4:54.47	<b>29-Jul-06</b>	BGRY	P. Nitardy, A. Beauchamp, T. Rogers, M. Reading	
	200 Medley Relay	2:32.55	<b>30-Jul-06</b>	BGRY	T. Rogers, M. Reading, A. Beauchamp, P. Nitardy	
	13-14	50 Free	27.68	<b>5-Aug-96</b>	LRSC	Katrine Alcaide - JR Nationals
		100 Free	1:01.33	<b>29-Jul-04</b>	CCSC	Erin Thomas - MSI Summer Champs
200 Free		2:10.94	<b>17-May-02</b>	CMA	Emily Caras - Invitation Internationale, Montreal	
400 Free		4:36.67	<b>17-May-02</b>	CMA	Emily Caras - Invitation Internationale, Montreal	
800 Free		9:25.35	<b>17-May-02</b>	CMA	Emily Caras - Invitation Internationale, Montreal	
1500 Free		18:21.34	<b>23-Jul-00</b>	CMA	Emily Caras - Poland Springs Invit	

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13-14	100 Back	1:10.10	<b>29-Jul-04</b>	CMA	Nicole Harmon - MSI Summer Champs
	200 Back	2:34.47	<b>27-Jul-03</b>	CMA	Nicole Harmon - MSI Summer Champs
	100 Breast	1:18.98	<b>7-Aug-98</b>	CMA	Whitney Rockwell - Zones, Baltimore
	200 Breast	2:50.59	<b>7-Aug-98</b>	CMA	Whitney Rockwell - Zones, Baltimore
	100 Fly	1:07.81	<b>7-Aug-98</b>	CMA	Whitney Rockwell - Zones, Baltimore
	200 Fly	2:26.93	<b>26-Jul-01</b>	CMA	Taylor McFarlane - Eastern Canada Cup
	200 IM	2:32.89	<b>7-Aug-98</b>	CMA	Whitney Rockwell - Zones, Baltimore
	400 IM	5:18.97	<b>17-May-02</b>	CMA	Emily Caras - Invitation Internationale, Montreal
	200 Free Relay	2:04.10	<b>27-Jul-07</b>	CMA	L. Flewelling, K. Wolfe, K. Ryan, H. Kraft
	400 Free Relay	4:25.21	<b>26-Jul-07</b>	CMA	L. Flewelling, K. Ryan, K. Wolfe, H. Kraft
	800 Free Relay	9:54.37	<b>27-Jul-07</b>	CMA	L. Flewelling, K. Wolfe, H. Kraft, K. Ryan
	400 Medley Relay	4:55.84	<b>28-Jul-07</b>	CMA	L. Flewelling, A. Lundkvist, K. Ryan, H. Kraft
15-16	50 Free	27.01	<b>9-Aug-00</b>	CMA	Whitney Rockwell - JR Nationals
	100 Free	1:00.97	<b>31-Jul-05</b>	CCSC	Erin Thomas- MSI Summer Champs
	200 Free	2:13.72	<b>7-Aug-02</b>	SEALS	Kait Strickland - Zones, Buffalo
	400 Free	4:35.71	<b>7-Aug-02</b>	SEALS	Kait Strickland - Zones, Buffalo
	800 Free	9:24.54	<b>7-Aug-02</b>	SEALS	Kait Strickland - Zones, Buffalo
	1500 Free	17:56.35	<b>27-Jul-03</b>	CMA	Jenn Flaherty - Speedo Champions Series
	100 Back	1:09.12	<b>27-Jul-06</b>	CMA	Nicole Harmon - MSi Summer Champs
	200 Back	2:29.20	<b>17-May-02</b>	CMA	Taylor McFarlane - Invitation Internationale, Montreal
	100 Breast	1:16.84	<b>29-Jul-04</b>	SEALS	Gina Mancini - MSI Summer Champs
	200 Breast	2:46.56	<b>27-Jul-03</b>	CMA	Jenn Flaherty - Speedo Champion Series
	100 Fly	1:04.69	<b>1-Aug-00</b>	CMA	Whitney Rockwell - JR Nationals
	200 Fly	2:23.16	<b>1-Aug-00</b>	CMA	Whitney Rockwell - JR Nationals
	200 IM	2:27.59	<b>1-Aug-02</b>	SEALS	Kait Strickland - Speedo Champions Series
	400 IM	5:05.36	<b>7-Aug-02</b>	SEALS	Kait Strickland - Zones, Buffalo
	15-18	200 Free Relay	1:57.26	<b>31-Jul-05</b>	SEALS
400 Free Relay		4:10.90	<b>29-Jul-04</b>	SEALS	T. McFarlane, E. Youmans, G. Mancini, S. Knight
800 Free Relay		9:18.14	<b>29-Jul-06</b>	SEALS	A. Hahn, G. Mancini, K. Desrosiers, K. Gillespie
200 Medley Relay		55:55.55	<b>22-May-04</b>		
400 Medley Relay	4:42.43	<b>29-Jul-04</b>	SEALS	T. McFarlane, G. Mancini, K. Goodman, S. Knight	
17-18	50 Free	26.40	<b>19-Mar-02</b>	CMA	Whitney Rockwell - SR Nationals
	100 Free	1:00.90	<b>30-Jul-06</b>	SEALS	Gina Mancini - MSI Summer Champs
	200 Free	2:11.90	<b>29-Jul-04</b>	SEALS	Taylor McFarlane - MSI Summer Champs
	400 Free	4:33.01	<b>29-Jul-04</b>	CMA	Jenn Flaherty - MSI Summer Champs
	800 Free	9:15.30	<b>22-Jul-04</b>	CMA	Jenn Flaherty - Speedo Champions Series
	1500 Free	17:33.69	<b>29-Jul-04</b>	CMA	Jenn Flaherty - MSI Summer Champs
	100 Back	1:06.93	<b>16-Jul-98</b>	PPSC	Angie Chessey - NE Seniors
	200 Back	2:30.05	<b>16-Jul-98</b>	PPSC	Angie Chessey - NE Seniors
	100 Breast	1:16.82	<b>26-Jul-01</b>	CMA	Lyndesy McCaslin - Eastern Canada Cup
	200 Breast	2:45.77	<b>29-Jul-04</b>	CMA	Jenn Flaherty - MSI Summer Champs
	100 Fly	1:03.50	<b>14-Aug-01</b>	CMA	Whitney Rockwell - SR Nationals
	200 Fly	2:28.19	<b>26-Jul-01</b>	CMA	Whitney Rockwell - Eastern Canada Cup
	200 IM	2:30.03	<b>29-Jul-04</b>	SEALS	Taylor McFarlane - MSI Summer Champs
	400 IM	5:11.95	<b>11-Mar-04</b>	CMA	Jenn Flaherty - Speedo Champions Series
	50 Free	27.01	<b>9-Aug-00</b>	CMA	Whitney Rockwell - Jr Nationals
	100 Free	1:00.90	<b>30-Jul-06</b>	SEALS	Gina Mancini- MSI Summer Champs
	200 Free	2:10.94	<b>17-May-02</b>	CMA	Emily Caras - Invitation Internationale, Montreal
	400 Free	4:33.01	<b>29-Jul-04</b>	CMA	Jenn Flaherty - MSI Summer Champs
	800 Free	9:15.30	<b>22-Jul-04</b>	CMA	Jenn Flaherty - Speedo Champions Series

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1500 Free	17:33.69	<b>29-Jul-04</b>	CMA	Jenn Flaherty - MSI Summer Champs
100 Back	1:06.93	<b>16-Jul-98</b>	PPSC	Angie Chessey - NE Seniors
200 Back	2:26.33	<b>29-Jul-04</b>	CCSC	Megan Wolters - MSI Summer Champs
100 Breast	1:16.69	<b>1-Aug-02</b>	CMA	Lyndsey McCaslin - NE Open LCM Champs
200 Breast	2:45.77	<b>29-Jul-04</b>	CMA	Jenn Flaherty - MSI Summer Champs
100 Fly	1:03.50	<b>14-Aug-01</b>	CMA	Whitney Rockwell - SR Nationals
200 Fly	2:22.88	<b>2-Apr-04</b>	SEALS	Vanessa Williamson - 2004 Counsilman Classic
200 IM	2:27.59	<b>1-Aug-02</b>	SEALS	Kait Strickland - Speedo Champions Series
400 IM	5:05.36	<b>7-Aug-02</b>	SEALS	Kait Strickland - Zones, Buffalo
200 Free Relay	1:57.26	<b>31-Jul-05</b>	SEALS	A. Hahn, G. Mancini, C. Chykaliuk, K. Boffa
400 Free Relay	4:39.93	<b>30-Jul-06</b>	SEALS	A. Hahn, G. Mancini, K. Goodman, K. Boffa
800 Free Relay	9:18.14	<b>29-Jul-06</b>	SEALS	A. Hahn, G. Mancini, K. Desrosiers, K. Gillespie
200 Medley Relay	2:35.39	<b>29-Jul-04</b>	CMA	L. Flewelling, M. Glab, R. Wennberg, B. Walsh
400 Medley Relay	4:42.43	<b>29-Jul-04</b>	SEALS	T. McFarlane, G. Mancini, K. Goodman, S. Knight