

## Maine Swimming State Records

### SC Meters-Women

<b>8 &amp; U</b>	25 Free	16.86	<b>4-Nov-01</b>	CMA	Laura Flewelling at Jamie Higgins
	50 Free	40.15	<b>25-Jul-02</b>	PTSC	CATHERINE AGRO at 2002 Summer Championships
	100 Free	1:34.83	<b>25-Jul-02</b>	PTSC	Sparky AGRO at 2002 Summer Championships
	25 Back	20.00	<b>16-Nov-03</b>	LRSC	JESSICA RUSSELL at Jamie Higgins 2003
	25 Breast	21.14	<b>4-Nov-01</b>	CMA	Laura Flewelling at JAMIE HIGGINS SCHOLARSHIP MEET
	25 Fly	16.22	<b>4-Nov-01</b>	CMA	Laura Flewelling at JAMIE HIGGINS SCHOLARSHIP MEET
	100 IM	1:27.83	<b>4-Nov-01</b>	CMA	Laura Flewelling at JAMIE HIGGINS SCHOLARSHIP MEET
	100 Free Relay				
	100 Medley Relay				
<b>10 &amp; U</b>	50 Free	32.44	<b>4-Nov-01</b>	CMA	Nora Daly at JAMIE HIGGINS SCHOLARSHIP MEET
	100 Free	1:15.89	<b>25-Jul-02</b>	CMA	Rosalee Wennberg at 2002 Summer Championships
	200 Free	2:41.89	<b>1-Feb-03</b>	BBYD	PETRA JANNEY at Groundhog Classic2003
	400 Free	5:06.81	<b>29-Jun-02</b>	DEFY	Chelsey Curran at 2002 Meter Eater Windjammer Invitational
	50 Back	36.84	<b>4-Nov-01</b>	SSC	Lauren Raczkowski at JAMIE HIGGINS SCHOLARSHIP MEET
	100 Back	1:24.28	<b>25-Jul-02</b>	SSC	Lauren Raczkowski at 2002 Summer Championships
	50 Breast	41.39	<b>16-Nov-03</b>	CMA	Maya GLAB at Jamie Higgins 2003
	100 Breast	1:39.47	<b>25-Jul-02</b>	SSC	Lauren Raczkowski at 2002 Summer Championships
	50 Fly	37.38	<b>21-Jun-03</b>	BBYD	PETRA JANNEY at 2003 Meter Eater Invitational
	100 Fly	1:24.31	<b>2-Feb-97</b>	CMA	Emily Caras at Groundhog Classic 97
	100 IM	1:23.34	<b>4-Nov-01</b>	CMA	Nora Daly at JAMIE HIGGINS SCHOLARSHIP MEET
	200 IM	3:03.36	<b>1-Feb-03</b>	CMA	Laura Flewelling at Groundhog Classic2003
	200 Free Relay	5:00.00	<b>21-Mar-98</b>		
	400 Free Relay	15:00.00	<b>1-Jan-01</b>		
	200 Medley Relay	5:00.00	<b>28-Feb-98</b>		
	<b>11-12</b>	50 Free	28.81	<b>16-Nov-03</b>	CMA

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100 Free	1:06.97	<b>2-Feb-97</b>	CMA	Whitney Rockwell at Ground Hog Invitational
200 Free	2:21.34	<b>25-Jul-02</b>	BGRY	Erin THOMAS at 2002 Summer Championships
400 Free	5:04.68	<b>25-Jul-02</b>	SEALS	DANIELLE GRAVEL at 2002 Summer Championships
800 Free				
1500 Free				
50 Back	31.67	<b>7-Dec-02</b>	CMA	NICOLE HARMON at Candy Cane Invitational
100 Back	1:13.10	<b>25-Jul-02</b>	CMA	NICOLE HARMON at 2002 Summer Championships
200 Back	2:34.99	<b>25-Jul-02</b>	CMA	NICOLE HARMON at 2002 Summer Championships
50 Breast	36.98	<b>7-Dec-02</b>	CMA	Whitney Rockwell at GroundHog
100 Breast	1:24.45	<b>2-Feb-97</b>	CMA	Whitney Rockwell at Ground Hog Championships
200 Breast				
50 Fly	31.54	<b>2-Feb-97</b>	CMA	Whitney Rockwell at Ground Hog
100 Fly	1:11.47	<b>2-Feb-97</b>	CMA	Whitney Rockwell at Ground Hog
200 Fly	2:38.11	<b>25-Jul-02</b>	SEALS	DANIELLE GRAVEL at 2002 Summer Championships
100 IM	1:13.81	<b>25-Jul-02</b>	CMA	NICOLE HARMON at 2002 Summer Championships
200 IM	2:39.19	<b>25-Jul-02</b>	SEALS	Danielle GRAVEL at 2002 Summer Championships
400 IM				
200 Free Relay				
400 Free Relay				
200 Medley Relay				
400 Medley Relay				
<b>13-14</b> 50 Free	27.61	<b>25-Jul-02</b>	SEALS	GINA MANCINI at 2002 Summer Championships
100 Free	1:01.51	<b>25-Jul-02</b>	SEALS	GINA MANCINI at 2002 Summer Championships
200 Free	2:15.16	<b>25-Jul-02</b>	SEALS	HANNAH BRANCH at 2002 Summer Championships
400 Free	4:53.41	<b>25-Jul-02</b>	HSC	KALLIE POTTLE at 2002 Summer Championships
800 Free				
1500 Free				

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	100 Back	1:10.36	<b>25-Jul-02</b>	SEALS	GINA MANCINI at 2002 Summer Championships
	200 Back	2:30.67	<b>25-Jul-02</b>	SEALS	GINA MANCINI at 2002 Summer Championships
	100 Breast	1:22.85	<b>29-Jun-02</b>	DEFY	SHAUNA LYNCH at 2002 Meter Eater Windjammer Invitational
	200 Breast	2:52.11	<b>16-Nov-03</b>	NYCY	Lindsay D'ASCANIO at Jamie Higgins 2003
	100 Fly	1:09.02	<b>16-Nov-03</b>	NYCY	Lindsay D'ASCANIO at Jamie Higgins 2003
	200 Fly	2:37.81	<b>25-Jul-02</b>	SEALS	HANNAH BRANCH at 2002 Summer Championships
	200 IM	2:32.39	<b>25-Jul-02</b>	SEALS	GINA MANCINI at 2002 Summer Championships
	400 IM	5:29.01	<b>25-Jul-02</b>	SEALS	GINA MANCINI at 2002 Summer Championships
	200 Free Relay				
	400 Free Relay				
	800 Free Relay				
	200 Medley Relay				
	400 Medley Relay				
<b>15-16</b>	50 Free	28.24	<b>30-Nov-03</b>	SEALS	GINA MANCINI at 2003 Butterball Invitational
	100 Free	1:01.27	<b>25-Jul-02</b>	SEALS	Kait STRICKLAND at 2002 Summer Championships
	200 Free	2:15.79	<b>25-Jul-02</b>	UN	LINDSEY SNYDER at 2002 Summer Championships
	400 Free	4:32.62	<b>25-Jul-02</b>	SEALS	Kait STRICKLAND at 2002 Summer Championships
	800 Free	10:00.92	<b>25-Jul-02</b>	HSC	KAYLE SHAPERO at 2002 Summer Championships
	1500 Free	18:31.45	<b>25-Jul-02</b>	UN	LINDSEY SNYDER at 2002 Summer Championships
	100 Back	1:07.06	<b>25-Jul-02</b>	UN	LINDSEY SNYDER at 2002 Summer Championships
	200 Back	2:22.99	<b>25-Jul-02</b>	UN	LINDSEY SNYDER at 2002 Summer Championships
	100 Breast	1:15.43	<b>2-Feb-97</b>	SYT	Kristen Zeimetz at Groundhog
	200 Breast	2:45.26	<b>25-Jul-02</b>	CMA	JEN FLAHERTY at 2002 Summer Championships
	100 Fly	1:11.67	<b>25-Jul-02</b>	UN	LINDSEY SNYDER at 2002 Summer Championships
	200 Fly	2:23.31	<b>25-Jul-02</b>	SEALS	KARY GOODMAN at 2002 Summer Championships
	200 IM	2:29.65	<b>2-Feb-97</b>	SYT	Kristen Zeimetz at GroundHog
	400 IM	5:13.68	<b>25-Jul-02</b>	SEALS	KARY GOODMAN at 2002 Summer Championships

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15-18	200 Free Relay				
	400 Free Relay				
	800 Free Relay				
	200 Medley Relay				
	400 Medley Relay				
<b>17-18</b>	50 Free	26.99	<b>25-Jul-02</b>	CMA	Whitney Rockwell at 2002 Summer Championships
	100 Free	1:00.49	<b>25-Jul-02</b>	CMA	Whitney Rockwell at 2002 Summer Championships
	200 Free	2:15.79	<b>25-Jul-02</b>	CMA	JENNIE BRUNETTE at 2002 Summer Championships
	400 Free	4:42.10	<b>25-Jul-02</b>	CMA	JENNIE BRUNETTE at 2002 Summer Championships
	800 Free	11:06.33	<b>25-Jul-02</b>	UN	KELLY HEINONEN at 2002 Summer Championships
	1500 Free	21:06.97	<b>25-Jul-02</b>	UN	KELLY HEINONEN at 2002 Summer Championships
	100 Back	1:11.16	<b>21-Jun-03</b>	SEALS	KARY GOODMAN at 2003 Meter Eater Invitational
	200 Back	2:27.24	<b>30-Nov-03</b>	SEALS	TAYLOR MCFARLANE at 2003 Butterball Invitational
	100 Breast	1:17.24	<b>25-Jul-02</b>	CMA	Whitney Rockwell at 2002 Summer Championships
	200 Breast	2:48.98	<b>25-Jul-02</b>	CMA	Whitney Rockwell at 2002 Summer Championships
	100 Fly	1:05.72	<b>25-Jul-02</b>	CMA	Whitney Rockwell at 2002 Summer Championships
	200 Fly	2:24.56	<b>25-Jul-02</b>	CMA	Whitney Rockwell at 2002 Summer Championships
	200 IM	2:32.18	<b>25-Jul-02</b>	CMA	JENNIE BRUNETTE at 2002 Summer Championships
	400 IM	5:20.75	<b>25-Jul-02</b>	CMA	JENNIE BRUNETTE at 2002 Summer Championships
<b>Open</b>	50 Free	26.80	<b>25-Jul-02</b>	CCSC	KATE KOVENOCK at 2002 Summer Championships
	100 Free	58.15	<b>25-Jul-02</b>	CCSC	KATE KOVENOCK at 2002 Summer Championships
	200 Free	2:15.16	<b>25-Jul-02</b>	SEALS	Hannah Branch at 2002 Summer Campionships
	400 Free	4:32.62	<b>25-Jul-02</b>	SEALS	Kait STRICKLAND at 2002 Summer Championships
	800 Free	9:41.29	<b>25-Jul-02</b>	CCSC	KATE ABBOTT at 2002 Summer Championships
	1500 Free	18:31.45	<b>25-Jul-02</b>	UN	LINDSEY SNYDER at 2002 Summer Championships
	100 Back	1:07.06	<b>25-Jul-02</b>	UN	LINDSEY SNYDER at 2002 Summer Championships
	200 Back	2:26.41	<b>25-Jul-02</b>	SEALS	KARY GOODMAN at 2002 Summer Championships

### Maine Swimming State Records

100 Breast	1:12.99	<b>25-Jul-02</b>	CMA	LYNDSEY MCCASLIN at 2002 Summer Championships
200 Breast	2:44.67	<b>25-Jul-02</b>	CMA	LYNDSEY MCCASLIN at 2002 Summer Championships
100 Fly	1:05.72	<b>25-Jul-02</b>	CMA	Whitney Rockwell at 2002 Summer Championships
200 Fly	2:24.56	<b>25-Jul-02</b>	CMA	Whitney Rockwell at 2002 Summer Championships
200 IM	2:26.96	<b>25-Jul-02</b>	CMA	LYNDSEY MCCASLIN at 2002 Summer Championships
400 IM	5:16.45	<b>25-Jul-02</b>	SEALS	Vanessa Williamson MSI Champs
200 Free Relay				
400 Free Relay				
800 Free Relay				
200 Medley Relay				
400 Medley Relay				